#SafeWeb4Kids

Children's Guide to Online Safety

WHAT DO WE LIKE ABOUT THE INTERNET?

Before everything else, let me tell you why I like using the internet.

I like using the internet to:

Research interesting topics

Global Warming

Fashion

Blogging

ASEAN

Selfie
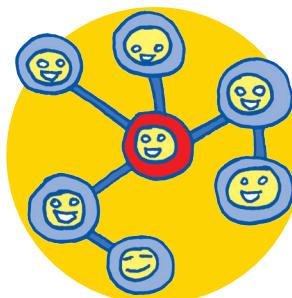
Connect with friends

Talk to famous people

HAYA @Haya · 10h
@RobertDowneyJR, I love your film!!!

Robert Downey, Jr
@Haya, thank you!!!

Post photos of my adventures

Watch videos from around the world

Learn different skills

Stay updated on news and trends
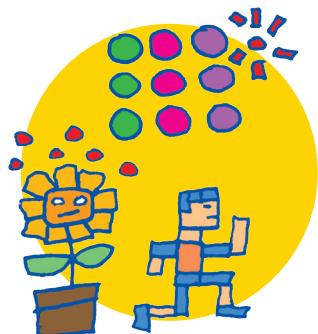
Play games

What else can we do online?

Write down the other uses of the internet.

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WHAT MAKES THE INTERNET HARMFUL?

The internet has many good uses but we must be careful whenever we use it.

People can use the internet to hurt us by:

WARNING!!!
VIRUS!
Please enter your password

Tricking us into doing things we do not want to do

Showing us violent photos or videos

Exposing us to pornography

Sharing our private posts, photos, or videos

Revealing our secrets and confidential details

Classified

Saying mean and untrue things about us

Anonymous
@Haya

HAYA @haya
@anonymous

Drawing us into violent extremism

Making us believe in false information

Can you think of other ways that the internet can harm us?

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HOW CAN WE PROTECT OURSELVES?

> Although the internet can be harmful, there are things that we can do to protect ourselves.

Be responsible users of technology.

■ **WE SHOULD REMEMBER THE GOLDEN RULE.**

We must treat others the way we want to be treated. We must always be respectful to people we deal with through phones, computer, and technology.
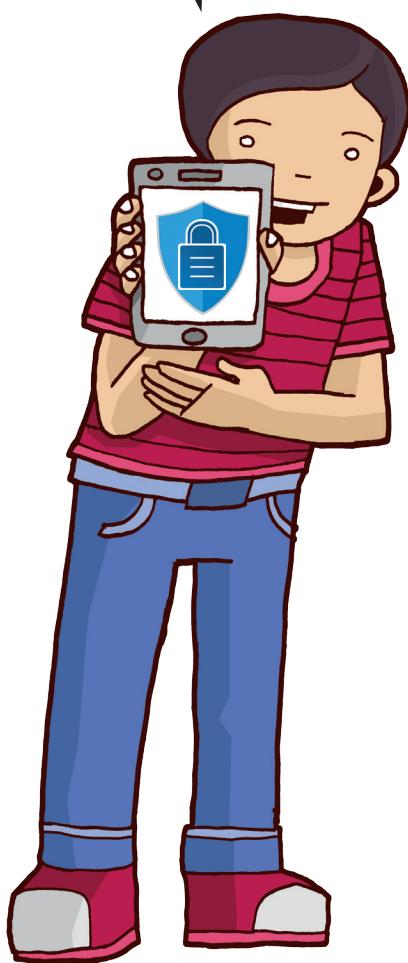
■ **WE SHOULD PROMOTE POSITIVE MESSAGES ONLINE.**

Like †💬 Comment †↗ Share

👍😆 Meimei, Raja, Suyin and 74 others

View 3 more comments

Haya You look lovely in this picture!
Like∑ Reply∑ 18 hrs

HAYA @Haya - 10h
That is a great thing to do @Lei!!! Proud of you. #proudsister

↩   🔁 61   ♥ 266   •••
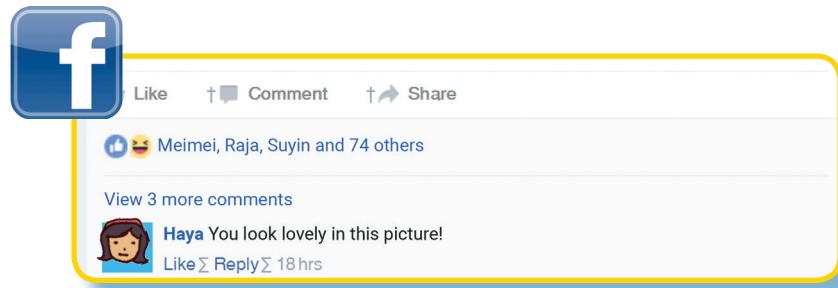
◼ WE SHOULD THINK BEFORE WE POST AND SHARE OUR THOUGHTS, PHOTOS, AND VIDEOS.

Remember, anything we share online, even with friends, can be online forever and hard to delete.

◼ WE SHOULD ALWAYS BE CAREFUL AND CONSIDERATE WHEN USING GADGETS.

We must only use our gadgets in appropriate places and time.

In your opinion, is it acceptable to use your gadgets when you are:

	Yes	No	Maybe
Having dinner with friends?	☐	☐	☐
Walking down the street?	☐	☐	☐
Watching a movie or play?	☐	☐	☐

◼ WE MUST CONTROL THE TIME WE SPEND ON USING THE INTERNET.

The internet must not rule our lives. We should remember that we have other responsibilities outside the internet.

How much time do you think should we spend on our computers, phones, tablets, and other gadgets?

Be careful every time we connect to the internet.

Protecting our privacy is very important whenever we go online.

■ **WE CAN USE PRIVATE SETTINGS IN OUR SOCIAL MEDIA ACCOUNTS.**
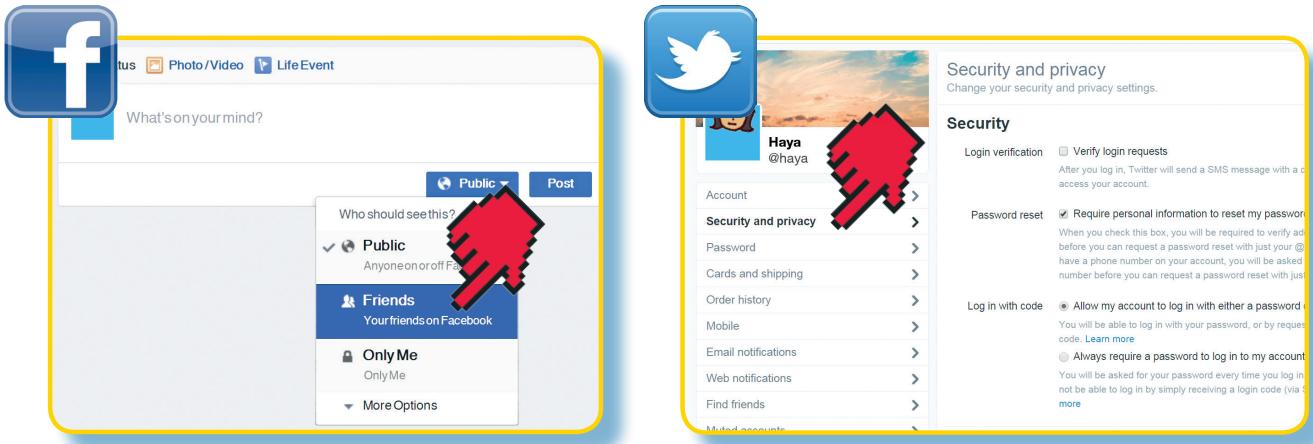
■ **WE MUST BE CAREFUL IN REVEALING PERSONAL INFORMATION.**

What are the types of posts that should be shared to the public?
■ News
■ Campaigns
■ And all the other information that will be helpful to the community

What are the types of posts that should be shared to family and friends only?
■ Personal photos and videos
■ Current location
■ And all the other information that should remain as secrets

■ **IN SOCIAL MEDIA, WE MUST ADD ONLY THE PEOPLE THAT WE REALLY KNOW WELL.**

■ **WE CAN BLOCK OR DISCONTINUE COMMUNICATION WITH PEOPLE, PAGES, OR COMPANIES THAT MAKE US FEEL UNCOMFORTABLE.**

If there are people or pages that make us feel afraid, hurt, or uncomfortable, the internet can help us get away from them. We just have to look for the "block" option in emails and social networking sites.

Message ...

See Friendship
Video Call

Poke

Report

Block

⚙

Tweet to @almiragarcia3

Send a Direct Message

Add or rem   lists…

Mute

Block

Report

Embed this Profile
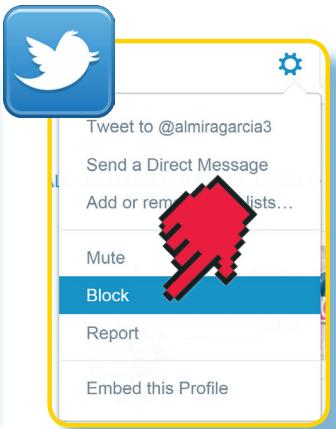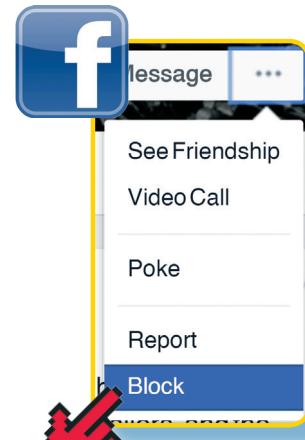
■ **WE SHOULD MAKE PASSWORDS THAT ARE DIFFICULT TO CRACK.**

Haya
haya@gmail.com

Bblack@knightT_99

Sign in

Need help?

Instagram

haya

OnLin3c#iLD_SaF3TY

Login

Forgot your login details? **Get help signing in.**

OR
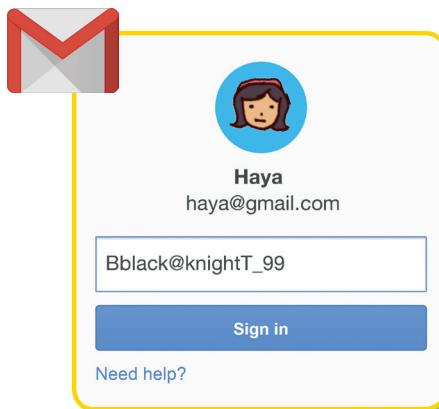
■ **WE MUST REMEMBER TO ALWAYS SIGN OUT.**

Help and Support

Log Out

News Feed   R   Messages   Notifications   More

Q   Haya   ⊞   🔔

Haya
haya@gmail.com
Google+ Profile — Privacy

My Account

Add account   Sign out

Learn how to act against cyberbullying.

If you or someone you know experience online bullying, remember that you can do something about it.
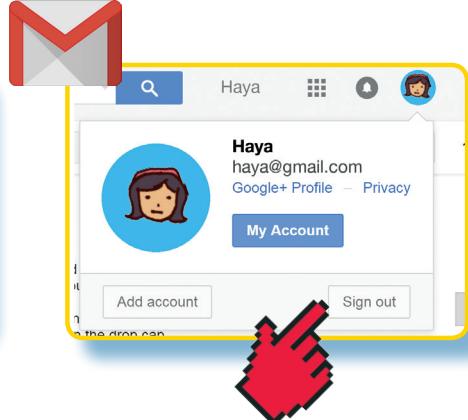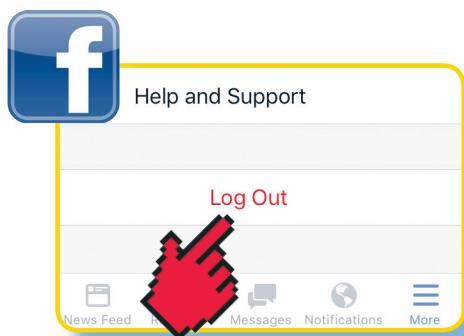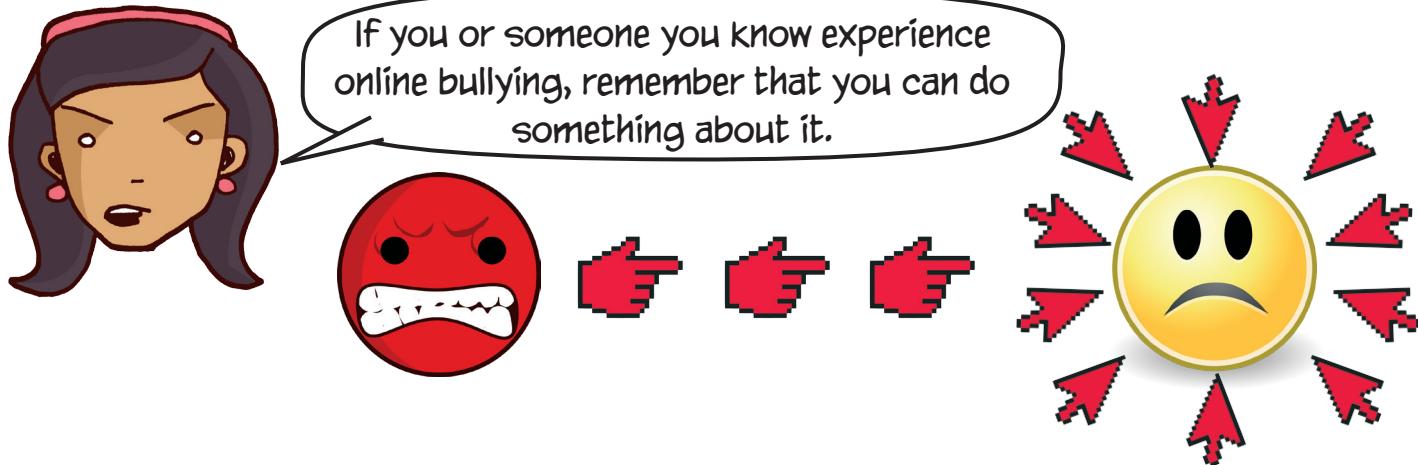
- **WE CAN STAND UP TO BULLIES BY IGNORING THEM AND NOT REACTING TO THEIR ATTACKS.**

- **WE CAN STOP BELIEVING THE BAD THINGS THE BULLIES SAY ABOUT US.**

- **WE CAN BLOCK THE BULLIES' ACCOUNTS AND MESSAGES.**

- **WE CAN GIVE SUPPORT TO SOMEONE WHO EXPERIENCES BULLYING.**

- **WE CAN ASK FOR SUPPORT FROM OUR FRIENDS, PARENTS, AND OTHER PEOPLE THAT WE TRUST.**

Be a good role model and seek help, if needed.

- **WE CAN BE GOOD ROLE MODELS TO OTHER CHILDREN**.
  Let us show other children how to use the internet safely.
  We can share this booklet with friends and family.

- **WE SHOULD SPEAK UP AND SEEK HELP.**
  If we feel uncomfortable about any experience online,
  we can always open up to adults and ask for their help.

HOW CAN WE SEEK HELP?

We can speak to other people, such as parents or teachers, if we feel unsafe or uncomfortable with something happening online. We can also report bad experiences to authorities through helplines and other platforms.

WHAT IS THE SITUATION?	WHAT CAN WE DO?
We saw a photo or a video of a child being hurt.	Share the link to the social networking site of the police and social welfare.
We saw a photo or a video of a child being asked to get naked and do inappropriate actions.	Report the link to the company of the social networking site.
We saw a post that contains harmful words.	Report the link to the company of the social networking site.
There is an adult who is asking you to do things that you do not want to do.	Call a helpline. Report the profile of the person to the social networking site.
There is an adult who is asking your friend to do things that your friend does not want to do.	
You shared an inappropriate photo or video of yourself, but you regret it and feel scared.	Immediately delete the photo or video. Report the inappropriate photo or video so that the social networking site can help in deleting its traces too. Call a helpline.
Someone edited a photo you shared that made you feel uncomfortable or ashamed.	Report the inappropriate photo to the social networking site. Call a helpline.
We have a friend who is being threatened by someone.	Call a helpline.
We saw someone who is being bullied.	Report the inappropriate post, photo, or video to the social networking site.

What is a helpline?

A helpline is a service that children can call to talk about their problems, seek advice, or ask for help.
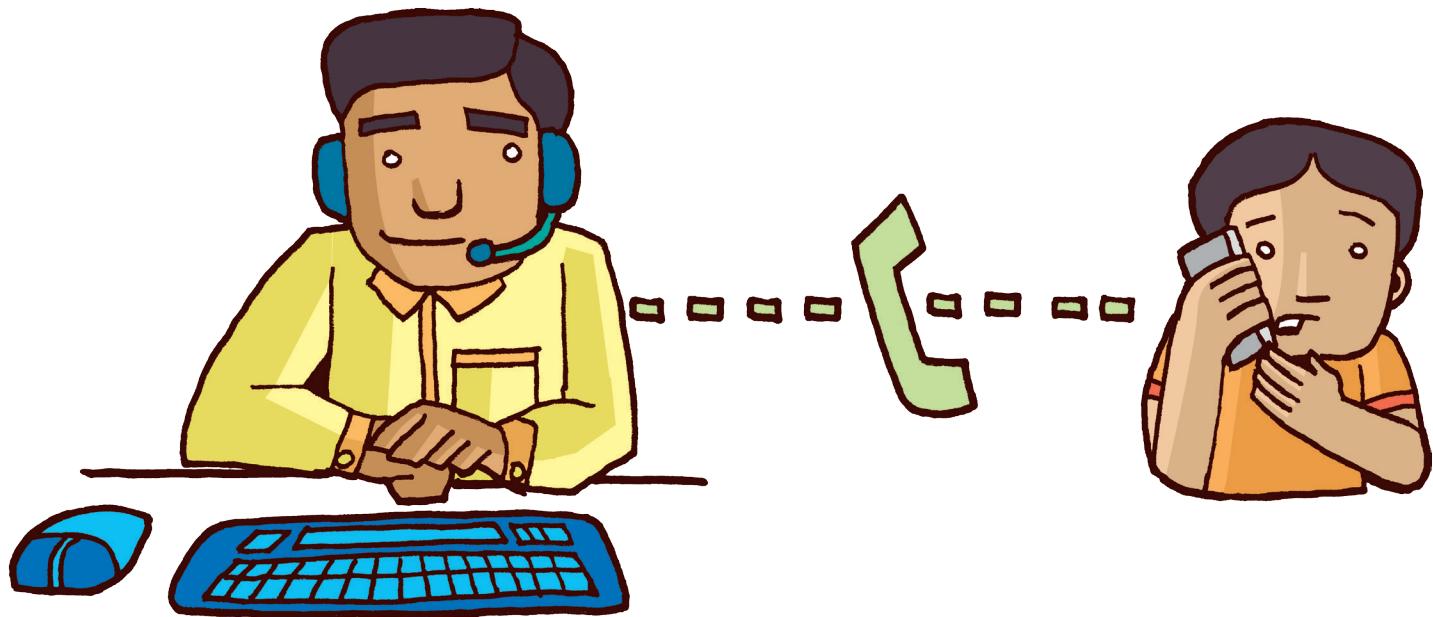
Do you know any number you can call for help? List down the numbers here:

AGENCY NAME	CONTACT NUMBER	SOCIAL MEDIA ACCOUNTS	OPERATING HOURS
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

SUMMARY

Let's review what we have learned to make the internet safe for children like us.

BE RESPONSIBLE USERS OF TECHNOLOGY.

BE CAREFUL EVERY TIME WE CONNECT TO THE INTERNET.

LEARN HOW TO ACT AGAINST CYBERBULLYING.

BE A GOOD ROLE MODEL AND SEEK HELP, IF NEEDED.

It feels good to know that we can do something to protect ourselves.

Help us protect other children too! Share the information you learned from this material so that we can have a **#SafeWeb4Kids**

CHILD RIGHTS COALITION ASIA (CRC ASIA)

CRC Asia is a regional network of child rights and human rights organizations that aim to mainstream child rights perspectives and agenda into the regional and international advocacy processes.

www.crcasia.org

UNICEF

UNICEF works to ensure that children enjoy the rights guaranteed to them in the Convention on the Rights of the Child (CRC), which has been ratified by every country in East Asia and the Pacific. We work in 27 countries in the region to translate that commitment into practical action, focusing special effort on reaching the most vulnerable and excluded children.

www.unicef.org/eapro

PLAN INTERNATIONAL

Founded 77 years ago, Plan International is one of the oldest and largest children's development organizations in the world. We work in 51 developing countries across Africa, Asia, and the Americas to promote child rights and lift millions of children out of poverty.

www.plan-international.org/asia

SAVE THE CHILDREN

Save the Children works in over 120 countries. We believe every child deserves a future. We work every day to give children a healthy start in life, the opportunity to learn and protection from harm. We ensure children's unique needs are met and their voices are heard. We do whatever it takes for children – every day and in times of crisis – transforming their lives and the future we share.

www.savethechildren.org.ph